

Reykjavík International Games 2009
Reykjavík, 16. - 18.1.2009

Sundgrein 23	kvenna, 400m skriðsund				Opinn
18.1.2009 - 16:10					Ráslisti
Íslandsmet / Icelandic Record 50m	4:22.56	Ingibjörg Arnardóttir			22.8.1991
Mótsmet / Meet Record	4:20.39	Rebecca Cooke	GBR	Reykjavík	28.1.2007

F.ár

Riðill 5 af 5

1	Pernille Moth	94	Aalborg Svømmeklub	4:43.18
2	Andrea Haugstad	92	Vestkansvømmerne	4:41.49
3	Mona Simonsen	91	Suðuroyar Svímjifelag	4:34.81
4	Elin Slaatmo	92	Norwegian swimming federation	4:26.23
5	Lise Sand Syversen	95	Delfana	4:27.56
6	Ingibjörg Kristí Jónsdóttir	93	Sundfélag Hafnarfjarðar	4:41.48
7	Jóna Helena Bjarnadóttir	92	Íþróttabandalag Reykjanesbæjar	4:41.52
8	Elfa Ingvadóttir	92	Íþróttabandalag Reykjanesbæjar	4:44.17