

1 - Friday - Heats and Final

18.1.2008 - 16:30

Event 1 Men, 50m Backstroke Open
18.1.2008 - 16:30 Results Prelim

Meet Record 27.47 Kim Torry Simmenes NOR Reykjavík 27.1.2007

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	Adis Licina	94	Södertälje	32.84	449 A
2.	Njáll Þrastarson	94	Sundfélag Hafnarfjarðar	34.11	400 A
3.	Kolbeinn Hrafnkelsson	94	Sundfélag Hafnarfjarðar	34.55	385 A
4.	Birgir Viktor Hannesson	94	Sundfélag Akraness	34.99	371 A
5.	Ludwig Lord-Johansson	94	Södertälje	35.00	371 A
6.	Þór Pétursson	94	Sunddeild KR	35.29	362 A
7.	Bergþór Philipp Mahlmann	95	Sundfélagið Ægir	38.77	273 A
8.	Ægir Benediktsson	95	Sundfélagið Ægir	39.79	252 A
9.	Hafsteinn Davíðsson	94	Hamar	40.07	247 R

15 years and older

1.	Kim Torry Simmenes	82	Vestkants	27.86	735 A
2.	Niklas Brix	85	Sunddeild KR	28.68	674 A
3.	Davíð Hildibe Aðalsteinsson	90	Íþróttabandalag Reykjanesbæjar	29.21	638 A
4.	Alan Smeets	84	Hellas-Glana	29.74	604 A
5.	Sindri Snævar Friðrikss.	88	Sundfélag Hafnarfjarðar	30.50	560 A
6.	Jón Símon Gíslason	87	Sundfélagið Ægir	30.56	557 A
7.	Einar Sveinn Kristjánsson	90	Sundfélagið Ægir	30.72	548 A
8.	Bjarte Ravndal	91	Stavanger	30.80	544 A
9.	Arnór Ingi Hansen	90	Sundfélagið Óðinn	30.93	537 R
10.	Sindri Sævarsson	92	Sunddeild Fjölnis	31.83	493 R
11.	Aron Hugi Helgason	92	Sundfélag Akraness	31.96	487
12.	Jón Þór Hallgrímsson	92	Sundfélag Akraness	32.02	484
13.	Orrí Freyr Guðmundsson	92	Sundfélag Hafnarfjarðar	32.14	479
14.	Elías Kjartan Bjarnason	90	Sunddeild Breiðabliks	32.93	445
15.	Bjarni Ragnar Guðmundsson	91	Íþróttabandalag Reykjanesbæjar	32.97	443
16.	Kristoffer Brekke	91	Vestkants	33.07	439
17.	Hermann Bjarki Nielsson	93	Íþróttabandalag Reykjanesbæjar	33.36	428
18.	Árni Stefán Haldorsen	89	Sunddeild KR	33.38	427
19.	Dagur Páll Friðriksson	91	Sundfélag Hafnarfjarðar	33.45	425
20.	Hrafn Sigurðsson	93	Sunddeild KR	33.52	422
21.	Ragnar Þór Þrastarson	92	Sundfélag Hafnarfjarðar	33.64	417
22.	Kristján Jesús Potenciano	93	Sundfélagið Ægir	33.95	406
23.	Siggi Dan Kristjánsson	93	Sundfélagið Ægir	33.96	406
24.	Gjermund Fure Johansen	93	Vestkants	34.23	396
25.	Ingi Rúnar Árnason	93	Íþróttabandalag Reykjanesbæjar	34.71	380
26.	Heiðar Smári Olgeirsson	91	Sundfélagið Ægir	35.19	365
27.	Kristinn Jaferian	91	Sundfélagið Ægir	35.45	357
28.	Egill Valur Hafsteinsson	89	Sundfélag Hafnarfjarðar	36.19	335
29.	Alexander Árnason	92	Sundfélag Hafnarfjarðar	36.35	331
30.	Magnús Kár Óttarsson	92	Sundfélag Hafnarfjarðar	37.35	305

Event 2 Women, 50m Backstroke Open
 18.1.2008 - 16:38 Results Prelim

Meet Record 30.85 Anja Rikey Jakobsdóttir ISL Laugardalur 31.1.2005

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	94	Lotte Thommesen Poseidon	34.29	574	A
2.	95	Eygló Ósk Gústafsdóttir Sundfélagið Ægir	34.54	562	A
3.	94	Marie Øverland Vestkants	34.61	558	A
4.	94	Josefin Agnekrans Södertälje	36.13	491	A
5.	95	Ástrós Þóra Valsdóttir Sundfélagið Vestri	36.58	473	A
6.	94	Halldóra Sig Halldórsdóttir Sundfélagið Óðinn	37.03	456	A
7.	94	Bjarnís Sjöfn Blandon Sundfélag Hafnarfjarðar	37.28	447	A
8.	95	Martha Þorsteinsdóttir Sundfélagið Vestri	37.50	439	A
9.	94	Salome Rós Guðmundsdóttir Íþróttabandalag Reykjanesbæjar	37.58	436	R
10.	94	Kristín Björt Sævarsdóttir Sundfélagið Ægir	37.61	435	R
11.	94	Steinunn Traustadóttir Sundfélag Akraness	37.86	427	
12.	95	Unnur Inga Karlsdóttir Sundfélag Akraness	38.01	422	
13.	94	Ingunn María Ólafsdóttir Sunddeild Fjölnis	40.71	343	
14.	94	Ásdís Rún Bjarnadóttir Sunddeild Breiðabliks	42.04	312	
15.	94	Berglind María Ólafsdóttir Sundfélag Akraness	42.97	292	
16.	95	Una Rakel Hafliðadóttir Sundfélag Akraness	44.92	255	

15 years and older

1.	90	Jóhanna Gerða Gústafsdóttir Sundfélagið Ægir	32.45	677	A
2.	92	Hrefna Hörn Leifsdóttir Sunddeild KR	33.28	628	A
3.	90	Sigrún Brá Sverrisdóttir Sunddeild Fjölnis	33.30	627	A
4.	93	Bryndís Rún Hansen Sundfélagið Óðinn	33.56	612	A
5.	91	Marín Hrund Jónsdóttir Íþróttabandalag Reykjanesbæjar	34.02	588	A
6.	89	Ida Nordbø Stavanger	34.18	580	A
7.	92	Oda Marie Siljan Poseidon	34.20	579	A
8.	91	Snjólaug Tinna Hansdóttir Sundfélag Hafnarfjarðar	34.26	576	A
9.	92	Elfa Ingvadóttir Íþróttabandalag Reykjanesbæjar	34.63	557	R
10.	93	Erla Hrönn Unnsteinsdóttir Sundfélagið Óðinn	34.72	553	R
11.	92	Diljá Heimisdóttir Íþróttabandalag Reykjanesbæjar	34.93	543	
12.	91	Berglind Friðriksdóttir Sundfélag Hafnarfjarðar	34.95	542	
12.	93	Ingibjörg Kristí Jónsdóttir Sundfélag Hafnarfjarðar	34.95	542	
14.	93	Juni Rugland Vestkants	35.50	517	
15.	93	Marianna Kristjánsdóttir Sundfélagið Ægir	35.66	510	
16.	91	Elín Óla Klemenzdóttir Íþróttabandalag Reykjanesbæjar	36.18	489	
17.	93	Birta Ósk Theódórsdóttir Íþróttabandalag Reykjanesbæjar	36.21	488	
18.	92	Steinunn María Daðadóttir Sunddeild Fjölnis	36.26	486	
19.	93	Anna Dís Arnarsdóttir Sundfélagið Ægir	36.47	477	
20.	91	Margrét Lilj Margeirsdóttir Íþróttabandalag Reykjanesbæjar	36.48	477	
21.	89	June Ramsvik Vestkants	36.62	471	
22.	91	Sigrún Helga Davíðsdóttir Sunddeild Breiðabliks	37.06	455	
23.	93	María Ása Áspórsdóttir Íþróttabandalag Reykjanesbæjar	37.09	454	
24.	93	Sara Gjelsvik Vestkants	37.20	450	
25.	93	Marie Reinertsen Vestkants	37.64	434	
26.	93	Inga Elín Cryer Sundfélag Akraness	38.85	395	
27.	92	Ólóf Ósk Johnsen Sundfélag Hafnarfjarðar	39.07	388	
28.	89	Harpa Sævarsdóttir Sunddeild Fjölnis	39.35	380	
29.	92	Aníta Björk Jóhannsdóttir Sundfélagið Vestri	39.36	380	
30.	88	Anna María Guðmundsdóttir Sundfélagið Vestri	39.77	368	
31.	93	Júlía Runólfsdóttir Sundfélagið Ægir	41.41	326	
32.	92	Laufey Rún Þorsteinsdóttir Hamar	41.53	323	

Event 3 Men, 50m Breaststroke Open
18.1.2008 - 16:46 Results Prelim

Meet Record 28.90 Alexander Dale Oen NOR Reykjavík 28.1.2007

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	94	Vestkants	34.83	493	A
2.	94	Södertälje	35.20	477	A
3.	94	Sundfélagið Óðinn	36.47	429	A
4.	95	Sundfélag Akraness	37.97	380	A
5.	94	Sundfélag Hafnarfjarðar	38.54	364	A
6.	94	Íþróttabandalag Reykjanesbæjar	39.14	347	A
7.	95	Sundfélagið Ægir	40.53	313	A
8.	95	Sundfélag Hafnarfjarðar	41.88	283	A
9.	94	Sundfélag Akraness	44.67	234	R

15 years and older

1.	76	Sundfélag Hafnarfjarðar	29.53	809	A
2.	85	Vestkants	29.61	802	A
3.	82	Sundfélagið Ægir	29.70	795	A
4.	80	SS04	30.82	711	A
5.	89	Íþróttabandalag Reykjanesbæjar	31.63	658	A
6.	83	Hellas-Glana	31.94	639	A
7.	89	SuSvim	32.36	614	A
8.	91	Vestkants	33.09	575	?
8.	88	Sundfélag Hafnarfjarðar	33.09	575	?
10.	90	Hellas-Glana	33.27	565	R
11.	90	Sundfélag Akraness	33.49	554	
12.	92	Sundfélag Hafnarfjarðar	34.74	497	
13.	92	Sundfélag Hafnarfjarðar	35.46	467	
14.	90	Sundfélagið Óðinn	35.80	454	
15.	88	Sunddeild KR	36.04	445	
16.	93	Íþróttabandalag Reykjanesbæjar	37.21	404	
17.	91	Sunddeild Fjölnis	37.48	395	
18.	92	Sundfélag Hafnarfjarðar	40.06	324	

Event 4 Women, 50m Breaststroke Open
18.1.2008 - 16:50 Results Prelim

Meet Record 34.22 Rebecca Hills GBR Reykjavík 27.1.2007

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	94	Sundfélagið Óðinn	37.04	590	A
2.	94	Íþróttabandalag Reykjanesbæjar	37.05	589	A
3.	94	Södertälje	40.24	460	A
4.	94	Sunddeild Breiðabliks	41.57	417	A
5.	94	Sundfélagið Óðinn	41.89	408	A
6.	94	Sundfélagið Óðinn	42.09	402	A
7.	94	Sundfélag Hafnarfjarðar	42.29	396	A
8.	94	Sundfélagið Ægir	44.19	347	A
9.	94	Sundfélag Akraness	46.49	298	R
10.	94	Sundfélag Akraness	47.18	285	R
11.	95	Sundfélag Akraness	49.44	248	

Event 4, Women, 50m Breaststroke, Prelim

15 years and older

1.	Hrafnhildur Luthersdóttir	91	Sundfélag Hafnarfjarðar	33.83	774	A
2.	Mari Ask Rasmussen	86	Stavanger	34.20	749	A
3.	Bryndís Rún Hansen	93	Sundfélagið Óðinn	36.57	613	A
4.	Stine Vindenes	93	Vestkants	36.77	603	A
5.	Karen Sif Vilhjálmisdóttir	93	Sundfélagið Ægir	37.37	574	A
6.	Malan Vitalis Bærendsen	91	SuSvim	38.67	518	A
7.	Katharina Lamhauge	92	SuSvim	38.69	517	A
8.	Line Møllerop	87	Vestkants	38.89	509	A
9.	Charlotte Kausland	89	Vestkants	38.93	508	R
10.	Sigurbjörg Kristjánsdóttir	89	Sundfélag Hafnarfjarðar	38.98	506	R
11.	Malin Dahle	93	Vestkants	39.96	470	
12.	Andrea Björg Jónsdóttir	93	Íþróttabandalag Reykjanesbæjar	40.21	461	
13.	Aníta Björk Jóhannsdóttir	92	Sundfélagið Vestri	40.24	460	
14.	Sigurbjörg Helga Ingadóttir	91	Sundfélag Hafnarfjarðar	41.02	434	
15.	Juni Rugland	93	Vestkants	41.33	424	
16.	Sara Gjelsvik	93	Vestkants	41.62	416	
17.	Lilja Björg Magnúsdóttir	91	Sundfélag Hafnarfjarðar	42.24	398	
18.	Kristín Þóra Gunnlaugsdóttir	92	Sundfélagið Ægir	42.63	387	
19.	Anna Guðrún Gunnlaugsdóttir	92	Sundfélagið Ægir	43.54	363	
20.	Erla Sigurlau Ásvaldsdóttir	92	Sundfélagið Ægir	45.77	313	
21.	Anna María Guðmundsdóttir	88	Sundfélagið Vestri	47.80	274	

Event 5 Men, 400m Medley Open Results
18.1.2008 - 16:58

Meet Record 4:44.38 Jakob Jóhann Sveinsson ISL Reykjavík 26.1.2007

Rank	YB		Time	100m	200m	300m	400m	
15 years and older								
1.	Davy Verreussel	89	Hellas-Glana	4:36.70	1:02.33	1:12.10	1:17.75	1:04.52
2.	Gunnar Ólafsson	92	Sunddeild KR	5:16.91	1:15.87	1:21.73	1:35.73	1:03.58
3.	Jón Þór Hallgrímsson	92	Sundfélag Akraness	5:17.11	1:15.81	1:20.00	1:35.09	1:06.21
4.	Konráð Hrafnkelsson	92	Sundfélag Hafnarfjarðar	5:30.77	1:14.91	1:25.61	1:36.05	1:14.20
5.	Ívar Þór Birgisson	92	Sunddeild Fjölnis	5:39.19	1:14.76	1:30.31	1:38.58	1:15.54
DSQ	A. Broberg Skeltved	87	Vestkants					
<i>Turned on his stomach when going from back to breaststroke</i>								

Event 6 Women, 400m Medley Open Results
18.1.2008 - 17:04

Meet Record 5:04.02 Rebecca Cooke GBR Reykjavík 26.1.2007

Rank	YB		Time	100m	200m	300m	400m	
14 years and younger								
1.	Eygló Ósk Gústafsdóttir	95	Sundfélagið Ægir	5:31.15	1:19.56	1:24.01	1:35.71	1:11.87
2.	Salome Jónsdóttir	95	Sundfélag Akraness	5:42.52	1:20.34	1:28.37	1:38.18	1:15.63
3.	Kristín Björt Sævarsdóttir	94	Sundfélagið Ægir	6:02.83	1:20.82	1:33.97	1:41.79	1:26.25
15 years and older								
1.	Sara Nordenstam	83	Lambertseter	4:57.58	1:07.13	1:17.04	1:23.00	1:10.41
2.	Jóna Helena Bjarnadóttir	92	Íþróttabandalag Reykjanesbæjar	5:17.90	1:14.34	1:22.62	1:30.14	1:10.80
3.	Marianna Kristjánsdóttir	93	Sundfélagið Ægir	5:25.33	1:13.21	1:23.51	1:35.60	1:13.01
4.	Benedicte Kausland	92	Vestkants	5:30.12	1:19.00	1:26.65	1:28.52	1:15.95
5.	Olga Sigurðardóttir	91	Sundfélagið Ægir	5:31.54	1:16.05	1:27.13	1:36.38	1:11.98

Event 6, Women, 400m Medley, 15 years and older

Rank	YB		Time	100m	200m	300m	400m	
6.	Andrea Haugstad	92	Vestkants	5:36.83	1:16.73	1:28.76	1:36.05	1:15.29
7.	Karen Jóhannsdóttir	93	Sundfélagið Ægir	5:44.42	1:19.61	1:27.37	1:41.54	1:15.90
8.	Lea Hrund Guðjónsdóttir	92	Sundfélag Akraness	5:48.95	1:25.76	1:29.05	1:37.49	1:16.65

Event 7
 18.1.2008 - 17:16

Men, 50m Fly

Open
 Results Prelim

Meet Record	25.12	Örn Arnarson	ISL	Laugardalur	28.1.2006
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Points: FINA 2004

Rank	YB		Time	Pts		
14 years and younger						
1.	Markus Vindenes	94	Vestkants	31.37	423	A
2.	Sigurður Friðr Kristjánsson	94	Sundfélag Hafnarfjarðar	31.51	417	A
3.	Eiríkur Grímar Kristínarson	94	Sundfélagið Ægir	35.34	296	A
4.	Oddur Viðar Malmquist	95	Sundfélagið Óðinn	35.74	286	A
5.	Guðmundur Brynjar Júlíusson	94	Sundfélag Akraness	35.84	283	A

15 years and older

1.	Hjörtur Már Reynisson	83	Sunddeild KR	25.53	784	A
2.	Alexander Dale Oen	85	Vestkants	26.18	727	A
3.	Niklas Brix	85	Sunddeild KR	26.55	697	A
4.	Jørgen Møllerop	88	Stavanger	26.71	685	A
5.	Pál Gunnar Normann	81	Vestkants	26.81	677	A
6.	Sven Jaeger	83	Hellas-Glana	27.07	658	A
7.	Kim Torry Simmenes	82	Vestkants	27.10	655	A
8.	Pál Joensen	90	SuSvim	27.53	625	?
8.	Davíð Hildibe Aðalsteinsson	90	Íþróttabandalag Reykjanesbæjar	27.53	625	?
10.	Ole Martin Ree	92	Stavanger	27.62	619	R
11.	Arnór Ingi Hansen	90	Sundfélagið Óðinn	27.79	608	
12.	Davy Verreussel	89	Hellas-Glana	27.89	601	
13.	Ragnar Björnsson	90	Sunddeild Breiðabliks	27.91	600	
14.	Tómas Leó Halldórsson	90	Sundfélagið Óðinn	27.98	595	
15.	Árni Guðnason	91	Sundfélag Hafnarfjarðar	28.15	585	
16.	Kristinn Ásgeir Gylfason	91	Íþróttabandalag Reykjanesbæjar	28.48	565	
17.	Orrí Freyr Guðmundsson	92	Sundfélag Hafnarfjarðar	28.83	544	
18.	Einar Sveinn Kristjánsson	90	Sundfélagið Ægir	28.99	535	
18.	Baldur Snær Jónsson	86	Sundfélagið Ægir	28.99	535	
20.	Helgi Rúnar Olgeirsson	89	Sundfélagið Ægir	29.27	520	
21.	Árni Stefán Haldorsen	89	Sunddeild KR	29.32	518	
22.	Gunnar Ólafsson	92	Sunddeild KR	29.61	502	
23.	Ólafur Páll Ólafsson	90	Sunddeild Fjölnis	29.69	498	
24.	Elías Kjartan Bjarnason	90	Sunddeild Breiðabliks	29.72	497	
25.	Joachim Jakobsen	91	Vestkants	30.11	478	
26.	Tryggvi Gylfason	93	Sunddeild KR	30.19	474	
27.	Björgvin Rúnar Þórhallsson	89	Sundfélag Hafnarfjarðar	30.32	468	
28.	Aron Hugi Helgason	92	Sundfélag Akraness	30.47	461	
29.	Kristján Jesús Potenciano	93	Sundfélagið Ægir	31.38	422	
30.	Kristoffer Brekke	91	Vestkants	31.87	403	
31.	Ragnar Þór Þrastarson	92	Sundfélag Hafnarfjarðar	32.81	369	
32.	Gjermund Fure Johansen	93	Vestkants	34.15	328	
33.	Rafn Þorsteinsson	92	Sundfélagið Ægir	34.56	316	

Event 8 Women, 50m Fly Open
18.1.2008 - 17:24 Results Prelim

Meet Record 26.72 Therese Alshammar ISL Laugardalur 30.1.2005

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	94	Halldóra Sig Halldórsdóttir Sundfélagið Óðinn	32.00	551	A
2.	94	Lotte Thommesen Poseidon	32.06	548	A
3.	94	Elín Erla Káradóttir Sundfélagið Óðinn	32.61	520	A
4.	94	Guðlaug Edda Hannesdóttir Sunddeild Breiðabliks	32.72	515	A
5.	94	Marie Øverland Vestkants	33.46	482	A
6.	95	Bára Kristí Björgvinsdóttir Sundfélag Hafnarfjarðar	36.49	371	A
7.	94	Jennie Sveronius Södertälje	36.68	366	A
8.	94	Unnur Lára Halldórsdóttir Sundfélagið Óðinn	38.69	312	A
9.	94	Karen Rós Bjarkadóttir Sundfélag Akraness	40.21	278	R
15 years and older					
1.	88	Henriette Brekke Vestkants	28.96	743	A
2.	88	Erla Dögg Haraldsdóttir Íþróttabandalag Reykjanesbæjar	29.36	713	A
3.	90	Sigrún Brá Sverrisdóttir Sunddeild Fjölnis	29.52	702	A
4.	87	Karen Stødle Stavanger	29.83	680	A
5.	87	Eva Hannesdóttir Sunddeild KR	30.19	656	A
6.	91	Snjólaug Tinna Hansdóttir Sundfélag Hafnarfjarðar	30.58	631	A
7.	84	Shaila millum Garðarnar SuSvim	30.65	627	A
7.	93	Soffía Klemenzdóttir Íþróttabandalag Reykjanesbæjar	30.65	627	A
9.	72	Maren Johannesen Vestkants	30.70	624	R
10.	86	Ásbjörg Gústafsdóttir Sundfélagið Ægir	30.84	615	R
11.	87	Therese Sagstad Vestkants	31.52	576	
12.	93	Stine Vindenes Vestkants	31.98	552	
13.	92	Ingibjörg Gísladóttir Sundfélag Hafnarfjarðar	32.28	537	
14.	93	Ingibjörg Kristí Jónsdóttir Sundfélag Hafnarfjarðar	32.45	528	
15.	92	Marta Rós Ormsdóttir Sundfélagið Ægir	32.48	527	
16.	91	Marín Hrund Jónsdóttir Íþróttabandalag Reykjanesbæjar	32.74	514	
17.	89	Ida Nordbø Stavanger	32.76	513	
18.	93	Svandís Þóra Sæmundsdóttir Íþróttabandalag Reykjanesbæjar	32.77	513	
19.	92	Sif Pétursdóttir Sunddeild KR	32.87	508	
20.	89	Þorgerður Sveinbjarnardóttir Sundfélagið Ægir	33.07	499	
21.	92	Kristín Þóra Gunnlaugsdóttir Sundfélagið Ægir	33.38	485	
22.	93	Anna Dís Arnarsdóttir Sundfélagið Ægir	33.67	473	
23.	93	Marie Reinertsen Vestkants	33.93	462	
24.	93	Rannveig Þó Unnsteinsdóttir Sundfélagið Óðinn	34.00	459	
25.	89	Charlotte Kausland Vestkants	34.16	453	
26.	93	Herdís Magnúsdóttir Sundfélagið Vestri	34.45	441	
27.	93	Guðrún Jóna Baldursdóttir Sunddeild KR	34.59	436	
28.	89	Sigurbjörg Kristjánsdóttir Sundfélag Hafnarfjarðar	34.72	431	
29.	91	Inga Björg Jónasdóttir Sunddeild KR	34.87	426	
30.	90	AnnMari Midjord SuSvim	35.01	421	
31.	93	Sara Gjelsvik Vestkants	35.72	396	
32.	91	Daniela Gjermundnes Vestkants	35.92	389	
33.	89	Harpa Sævarsdóttir Sunddeild Fjölnis	35.95	388	
34.	92	Ingibjörg Kristjánsdóttir Sundfélagið Vestri	36.56	369	
35.	93	Kristín Þóra Sigurðardóttir Sundfélag Hafnarfjarðar	37.22	350	
36.	90	Embla Ágústsdóttir ÍFR	1:51.45	13	

Event 9 Men, 50m Freestyle Open
18.1.2008 - 17:30 Results Prelim

Meet Record 23.37 Örn Arnarson ISL Laugardalur 29.1.2006

Points: FINA 2004

Rank	YB		Time	Pts	
14 years and younger					
1.	94	Vestkants	28.42	456	A
2.	94	Sundfélag Hafnarfjarðar	28.54	451	A
3.	94	Sunddeild KR	28.76	440	A
4.	94	Södertälje	28.83	437	A
4.	94	Sundfélagið Óðinn	28.83	437	A
6.	94	Sundfélag Hafnarfjarðar	29.11	425	A
7.	94	Södertälje	29.60	404	A
8.	94	Sundfélagið Óðinn	30.04	386	A
9.	94	Sundfélag Akraness	30.19	381	R
10.	95	Sundfélag Akraness	30.22	380	R
11.	94	Sunddeild Breiðabliks	30.82	358	
12.	94	Sundfélagið Ægir	31.05	350	
13.	95	Sunddeild Fjölnis	31.42	338	
14.	95	Sundfélag Hafnarfjarðar	31.64	331	
15.	94	Íþróttabandalag Reykjanesbæjar	32.18	314	
16.	95	Sundfélag Hafnarfjarðar	32.22	313	
17.	95	Sundfélagið Ægir	33.27	284	
18.	95	Sundfélagið Ægir	33.35	282	
18.	94	Sundfélag Akraness	33.35	282	
20.	95	Sundfélagið Ægir	33.53	278	

15 years and older

1.	80	SK Laxen	23.79	778	A
2.	87	Íþróttabandalag Reykjanesbæjar	24.10	748	A
3.	76	Sundfélag Hafnarfjarðar	24.72	693	A
4.	85	Vestkants	24.81	686	A
5.	87	Íþróttabandalag Reykjanesbæjar	24.89	679	A
6.	88	Stavanger	24.95	674	A
7.	82	Vestkants	25.14	659	A
7.	89	SuSvim	25.14	659	A
9.	84	Hellas-Glana	25.22	653	R
10.	88	Sundfélag Hafnarfjarðar	25.43	637	R
11.	86	Sundfélagið Ægir	25.58	626	
12.	81	Vestkants	25.63	622	
13.	90	Sundfélagið Óðinn	25.87	605	
14.	87	Sundfélagið Ægir	25.90	603	
15.	83	Hellas-Glana	26.16	585	
16.	90	Sunddeild Breiðabliks	26.24	580	
17.	91	Stavanger	26.27	578	
18.	92	Stavanger	26.31	575	
19.	91	Sundfélag Hafnarfjarðar	26.42	568	
20.	89	Íþróttabandalag Reykjanesbæjar	26.62	555	
21.	91	Vestkants	26.93	536	
22.	90	Hellas-Glana	27.35	512	
23.	91	Sunddeild KR	27.42	508	
24.	92	Sundfélag Hafnarfjarðar	27.46	506	
25.	89	Sundfélagið Ægir	27.65	496	
26.	90	Sundfélagið Óðinn	27.74	491	
27.	91	Sundfélag Hafnarfjarðar	27.78	489	
28.	92	Sundfélag Hafnarfjarðar	27.84	485	
29.	91	Sunddeild Fjölnis	27.92	481	

Event 9, Men, 50m Freestyle, Prelim, 15 years and older

Rank		YB		Time	Pts
30.	Sigurður Egill Sigurðsson	91	Sundfélagið Ægir	27.93	481
31.	Jordi Meulenberg	77	Hellas-Glana	28.09	473
31.	Konráð Hrafnkelsson	92	Sundfélag Hafnarfjarðar	28.09	473
33.	Egill Valur Hafsteinsson	89	Sundfélag Hafnarfjarðar	28.13	471
34.	Heiðar Smári Olgeirsson	91	Sundfélagið Ægir	28.17	469
35.	Kristinn Jaferian	91	Sundfélagið Ægir	28.32	461
36.	Bjarni Ragnar Guðmundsson	91	Íþróttabandalag Reykjanesbæjar	28.39	458
37.	Björgvin Rúnar Þórhallsson	89	Sundfélag Hafnarfjarðar	28.46	454
38.	Ingi Rúnar Árnason	93	Íþróttabandalag Reykjanesbæjar	28.56	450
39.	Strahinja Dujic	93	Sunddeild KR	28.77	440
40.	Hrafn Sigurðsson	93	Sunddeild KR	28.89	434
41.	Kristoffer Brekke	91	Vestkants	29.06	427
42.	Kristján Jesús Potenciano	93	Sundfélagið Ægir	29.11	425
43.	Magnús Kár Óttarsson	92	Sundfélag Hafnarfjarðar	29.45	410
44.	Brynjar Örn Þorbjörnsson	93	Sundfélagið Vestri	30.03	387
45.	Gunnar Egill Benonysson	93	Sunddeild Breiðabliks	30.21	380
46.	Gjermund Fure Johansen	93	Vestkants	30.24	379
47.	Eyþór Ingi Júlíusson	93	Íþróttabandalag Reykjanesbæjar	30.51	369
48.	Rafn Þorsteinsson	92	Sundfélagið Ægir	31.58	333
49.	Adrian Óskar Erwin	88	Sunddeild Fjölnis	31.72	328
50.	Ómar Hólm Pálsson	91	Sundfélagið Vestri	32.00	320
DSQ	Björgvin Guðmu Björgvinsson	92	Sundfélag Hafnarfjarðar		
	<i>þjófstart</i>				

Event 10
18.1.2008 - 17:40

Women, 50m Freestyle

Open
Results Prelim

Meet Record	25.12	Therese Alshammar	SWE	Laugardalur	29.1.2006
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Points: FINA 2004

Rank		YB		Time	Pts
14 years and younger					
1.	Halldóra Sig Halldórsdóttir	94	Sundfélagið Óðinn	29.85	560 A
2.	Elín Erla Káradóttir	94	Sundfélagið Óðinn	30.01	551 A
3.	Marie Øverland	94	Vestkants	30.23	540 A
4.	Guðlaug Edda Hannesdóttir	94	Sunddeild Breiðabliks	30.34	534 A
5.	Eygló Ósk Gústafsdóttir	95	Sundfélagið Ægir	30.62	519 A
6.	Lilja Ingimarsdóttir	94	Íþróttabandalag Reykjanesbæjar	31.39	482 A
7.	Karen Konráðsdóttir	94	Sundfélagið Óðinn	31.43	480 A
8.	Anna Steinunn Ingólfssdóttir	95	Sunddeild Breiðabliks	31.48	478 A
9.	Bryndís Arna Borgþórsdóttir	94	Sunddeild Breiðabliks	31.88	460 R
10.	Unnur Inga Karlsdóttir	95	Sundfélag Akraness	31.93	458 R
11.	Marie Elise Eriksen	94	Vestkants	32.10	451
12.	Josefin Agnekrans	94	Södertälje	32.11	450
12.	Kristín Hulda Þórhallsdóttir	94	Sundfélagið Ægir	32.11	450
14.	Guðný Erna Bjarnadóttir	94	Sunddeild Breiðabliks	32.40	438
15.	Bjarnís Sjöfn Blandon	94	Sundfélag Hafnarfjarðar	32.63	429
16.	Salome Rós Guðmundsdóttir	94	Íþróttabandalag Reykjanesbæjar	33.39	400
17.	Jennie Sveronius	94	Södertälje	34.22	372
18.	Bára Kristí Björgvinsdóttir	95	Sundfélag Hafnarfjarðar	34.86	352
19.	Unnur Lára Halldórsdóttir	94	Sundfélagið Óðinn	35.01	347
20.	Una Rakel Hafliðadóttir	95	Sundfélag Akraness	35.32	338
21.	Helga Rut Steinsdóttir	94	Sundfélag Hafnarfjarðar	35.93	321

Event 10, Women, 50m Freestyle, Prelim

15 years and older

1.	Henriette Brekke	88	Vestkants	26.73	780	A
2.	Bryndís Rún Hansen	93	Sundfélagið Óðinn	28.01	678	A
3.	Karen Stødle	87	Stavanger	28.13	670	A
4.	Shaila millum Garðarnar	84	SuSvim	28.26	660	A
5.	Mari Ask Rasmussen	86	Stavanger	28.50	644	A
6.	Ingibjörg Kristí Jónsdóttir	93	Sundfélag Hafnarfjarðar	28.80	624	A
7.	Line Møllerop	87	Vestkants	28.82	623	A
8.	Maren Johannesen	72	Vestkants	29.05	608	?
8.	Rakel Gunnlaugsdóttir	91	Sundfélag Akraness	29.05	608	?
10.	Karen Sif Vilhjálmsdóttir	93	Sundfélagið Ægir	29.23	597	R
11.	Arna Margrét Ægisdóttir	93	Sunddeild KR	29.30	593	
12.	Marta Rós Ormsdóttir	92	Sundfélagið Ægir	29.37	588	
13.	Snjólaug Tinna Hansdóttir	91	Sundfélag Hafnarfjarðar	29.48	582	
13.	Hrafnhildur Luthersdóttir	91	Sundfélag Hafnarfjarðar	29.48	582	
15.	Erla Hrönn Unnsteinsdóttir	93	Sundfélagið Óðinn	29.50	581	
16.	Helga Valgerður Gunnarsdóttir	92	Sunddeild KR	29.53	579	
17.	Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	29.59	575	
18.	Hildur Erla Gísladóttir	91	Sundfélag Hafnarfjarðar	29.73	567	
19.	Juni Rugland	93	Vestkants	29.93	556	
20.	Berglind Friðriksdóttir	91	Sundfélag Hafnarfjarðar	29.94	555	
21.	Oda Marie Siljan	92	Poseidon	30.00	552	
22.	Sigrún Eva Ármannsdóttir	93	Sundfélag Akraness	30.07	548	
23.	June Ramsvik	89	Vestkants	30.13	545	
24.	Stine Vindenes	93	Vestkants	30.15	544	
25.	Therese Sagstad	87	Vestkants	30.39	531	
26.	Sigrún Helga Davíðsdóttir	91	Sunddeild Breiðabliks	30.58	521	
27.	Benedicte Kausland	92	Vestkants	30.67	517	
28.	Halla Einarsdóttir	91	Sunddeild KR	30.73	514	
29.	Sara Gjelsvik	93	Vestkants	30.96	502	
30.	Marie Reinertsen	93	Vestkants	30.98	501	
31.	Herdís Magnúsdóttir	93	Sundfélagið Vestri	31.07	497	
32.	Sif Pétursdóttir	92	Sunddeild KR	31.10	496	
33.	Jóhanna Hildur Hansen	91	Sundfélagið Ægir	31.20	491	
34.	Rannveig Þó Unnsteinsdóttir	93	Sundfélagið Óðinn	31.48	478	
35.	Malin Dahle	93	Vestkants	31.54	475	
36.	Karen Nanna Þorkelsdóttir	92	Sundfélagið Óðinn	31.69	468	
37.	Birta Ósk Theódórsdóttir	93	Íþróttabandalag Reykjanesbæjar	31.76	465	
38.	Sigurbjörg Helga Ingadóttir	91	Sundfélag Hafnarfjarðar	32.06	452	
39.	Ingibjörg Gísladóttir	92	Sundfélag Hafnarfjarðar	32.08	451	
40.	Aníta Björk Jóhannsdóttir	92	Sundfélagið Vestri	32.19	447	
41.	Andrea Björg Jónsdóttir	93	Íþróttabandalag Reykjanesbæjar	32.26	444	
42.	Júlía Runólfsdóttir	93	Sundfélagið Ægir	32.29	443	
43.	Lea Hrund Guðjónsdóttir	92	Sundfélag Akraness	32.34	441	
44.	Stefanía Júlíusdóttir	89	Íþróttabandalag Reykjanesbæjar	32.38	439	
45.	Karen Jóhannsdóttir	93	Sundfélagið Ægir	32.46	436	
46.	Anna Guðrún Gunnlaugsdóttir	92	Sundfélagið Ægir	32.63	429	
47.	Charlotte Kausland	89	Vestkants	32.74	425	
48.	Þórun Björk Jónsdóttir	92	Sunddeild Breiðabliks	32.80	422	
49.	Unnur Kjartansdóttir	90	Sunddeild KR	32.96	416	
50.	Áróra Björk Pétursdóttir	92	Sunddeild Breiðabliks	33.22	407	
51.	Birta Stefánsdóttir	93	Sundfélag Akraness	33.25	405	
52.	María Ása Áspórsdóttir	93	Íþróttabandalag Reykjanesbæjar	33.61	393	
53.	Ólöf Ósk Johnsen	92	Sundfélag Hafnarfjarðar	33.79	386	
54.	Lilja Björg Magnúsdóttir	91	Sundfélag Hafnarfjarðar	33.86	384	
55.	Laufey Rún Þorsteinsdóttir	92	Hamar	34.11	376	
56.	Anna María Guðmundsdóttir	88	Sundfélagið Vestri	34.40	366	

Event 10, Women, 50m Freestyle, Prelim, 15 years and older

Rank		YB		Time	Pts
57.	Daniela Gjermundnes	91	Vestkants	35.03	347
58.	Þórdís Magnúsdóttir	91	Sundfélagið Vestri	36.01	319
DSQ	Jóna Margrét Jónsdóttir <i>þjófstart</i>	91	Íþróttabandalag Reykjanesbæjar		

Event 3
18.1.2008 Men, 50m Breaststroke 15 years and older
Results Swim Off Prelim

Meet Record	28.90	Alexander Dale Oen	NOR	Reykjavík	28.1.2007
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Points: FINA 2004

Rank		YB		Time	Pts
1.	Sindri Snævar Friðrikss.	88	Sundfélag Hafnarfjarðar	32.07	631
2.	Joachim Jakobsen	91	Vestkants	32.97	581

Event 11
18.1.2008 - 17:52 Men, 1500m Freestyle Open Results

Meet Record	16:33.14	Pál Joensen	FAR	Reykjavík	26.1.2007
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Points: FINA 2004

Rank		YB		Time	Pts
14 years and younger					
1.	Freysteinn Viðar Viðarsson	94	Sundfélagið Óðinn	19:12.71	459
	100m: 1:11.65 1:11.65	500m: 6:23.51 1:18.66	900m: 11:37.24 1:18.08	1300m: 16:44.99 1:16.38	
	200m: 2:29.36 1:17.71	600m: 7:42.18 1:18.67	1000m: 12:55.01 1:17.77	1400m: 18:00.88 1:15.89	
	300m: 3:46.77 1:17.41	700m: 9:00.77 1:18.59	1100m: 14:11.56 1:16.55	1500m: 19:12.71 1:11.83	
	400m: 5:04.85 1:18.08	800m: 10:19.16 1:18.39	1200m: 15:28.61 1:17.05		

15 years and older

1.	Pál Joensen	90	SuSvim	16:05.02	781
	100m: 1:00.62 1:00.62	500m: 5:19.93 1:05.46	900m: 9:40.00 1:05.11	1300m: 13:59.04 1:04.42	
	200m: 2:05.38 1:04.76	600m: 6:25.02 1:05.09	1000m: 10:44.42 1:04.42	1400m: 15:03.42 1:04.38	
	300m: 3:09.73 1:04.35	700m: 7:29.96 1:04.94	1100m: 11:49.49 1:05.07	1500m: 16:05.02 1:01.60	
	400m: 4:14.47 1:04.74	800m: 8:34.89 1:04.93	1200m: 12:54.62 1:05.13		
2.	Michel Heijnen	87	Hellas-Glana	17:15.39	633
	100m: 1:01.34 1:01.34	500m: 5:34.49 1:09.69	900m: 10:16.38 1:10.89	1300m: 14:59.06 1:10.17	
	200m: 2:07.47 1:06.13	600m: 6:44.41 1:09.92	1000m: 11:27.41 1:11.03	1400m: 16:07.10 1:08.04	
	300m: 3:16.17 1:08.70	700m: 7:55.14 1:10.73	1100m: 12:38.46 1:11.05	1500m: 17:15.39 1:08.29	
	400m: 4:24.80 1:08.63	800m: 9:05.49 1:10.35	1200m: 13:48.89 1:10.43		
3.	Leifur Guðni Grétarsson	90	Sundfélag Akraness	17:45.54	581
	100m: 1:07.77 1:07.77	500m: 5:59.24 1:12.20	900m: 10:44.34 1:11.21	1300m: 15:26.98 1:10.03	
	200m: 2:20.98 1:13.21	600m: 7:10.84 1:11.60	1000m: 11:55.24 1:10.90	1400m: 16:36.37 1:09.39	
	300m: 3:34.07 1:13.09	700m: 8:22.12 1:11.28	1100m: 13:06.32 1:11.08	1500m: 17:45.54 1:09.17	
	400m: 4:47.04 1:12.97	800m: 9:33.13 1:11.01	1200m: 14:16.95 1:10.63		
4.	Gunnar Örn Arnarson	92	Íþróttabandalag Reykjanesbæjar	17:47.79	577
	100m: 1:07.71 1:07.71	500m: 5:57.71 1:11.55	900m: 10:44.61 1:11.52	1300m: 15:27.99 1:10.40	
	200m: 2:20.50 1:12.79	600m: 7:09.60 1:11.89	1000m: 11:55.50 1:10.89	1400m: 16:38.44 1:10.45	
	300m: 3:33.25 1:12.75	700m: 8:21.72 1:12.12	1100m: 13:06.60 1:11.10	1500m: 17:47.79 1:09.35	
	400m: 4:46.16 1:12.91	800m: 9:33.09 1:11.37	1200m: 14:17.59 1:10.99		
5.	Anton Sveinn McKee	93	Sundfélagið Ægir	17:59.85	558
	100m: 1:08.26 1:08.26	500m: 5:59.66 1:13.23	900m: 10:48.35 1:12.21	1300m: 15:36.39 1:12.48	
	200m: 2:20.85 1:12.59	600m: 7:11.42 1:11.76	1000m: 11:59.97 1:11.62	1400m: 16:48.70 1:12.31	
	300m: 3:33.66 1:12.81	700m: 8:23.57 1:12.15	1100m: 13:12.07 1:12.10	1500m: 17:59.85 1:11.15	
	400m: 4:46.43 1:12.77	800m: 9:36.14 1:12.57	1200m: 14:23.91 1:11.84		

Event 11, Men, 1500m Freestyle, 15 years and older

Rank			YB			Time	Pts	
6.	Siggi Dan Kristjánsson		93	Sundfélagið Ægir		18:32.28	510	
	100m: 1:08.13	1:08.13	500m: 6:02.76	1:13.36	900m: 11:00.77	1:14.89	1300m: 16:04.37	1:16.75
	200m: 2:21.58	1:13.45	600m: 7:17.11	1:14.35	1000m: 12:15.62	1:14.85	1400m: 17:19.43	1:15.06
	300m: 3:35.30	1:13.72	700m: 8:31.27	1:14.16	1100m: 13:31.19	1:15.57	1500m: 18:32.28	1:12.85
	400m: 4:49.40	1:14.10	800m: 9:45.88	1:14.61	1200m: 14:47.62	1:16.43		
7.	Ólafur Páll Ólafsson		90	Sunddeild Fjölnis		18:47.23	490	
	100m: 1:06.90	1:06.90	500m: 6:05.48	1:16.19	900m: 11:11.18	1:16.52	1300m: 16:16.33	1:16.16
	200m: 2:20.70	1:13.80	600m: 7:21.80	1:16.32	1000m: 12:27.35	1:16.17	1400m: 17:32.21	1:15.88
	300m: 3:33.88	1:13.18	700m: 8:38.13	1:16.33	1100m: 13:43.92	1:16.57	1500m: 18:47.23	1:15.02
	400m: 4:49.29	1:15.41	800m: 9:54.66	1:16.53	1200m: 15:00.17	1:16.25		
8.	Vilberg Andri Magnússon		93	Íþróttabandalag Reykjanesbæjar		18:53.69	482	
	100m: 1:11.12	1:11.12	500m: 6:16.31	1:15.96	900m: 11:22.18	1:15.99	1300m: 16:24.42	1:15.55
	200m: 2:28.58	1:17.46	600m: 7:32.81	1:16.50	1000m: 12:37.47	1:15.29	1400m: 17:39.82	1:15.40
	300m: 3:43.85	1:15.27	700m: 8:49.24	1:16.43	1100m: 13:53.18	1:15.71	1500m: 18:53.69	1:13.87
	400m: 5:00.35	1:16.50	800m: 10:06.19	1:16.95	1200m: 15:08.87	1:15.69		
9.	Sindri Sævarsson		92	Sunddeild Fjölnis		19:09.89	462	
	100m: 1:11.11	1:11.11	500m: 6:22.30	1:18.31	900m: 11:32.93	1:17.77	1300m: 16:40.45	1:16.65
	200m: 2:29.04	1:17.93	600m: 7:39.27	1:16.97	1000m: 12:50.90	1:17.97	1400m: 17:56.25	1:15.80
	300m: 3:46.07	1:17.03	700m: 8:57.46	1:18.19	1100m: 14:07.75	1:16.85	1500m: 19:09.89	1:13.64
	400m: 5:03.99	1:17.92	800m: 10:15.16	1:17.70	1200m: 15:23.80	1:16.05		
10.	Ívar Þór Birgisson		92	Sunddeild Fjölnis		19:37.40	430	
	100m: 1:11.47	1:11.47	500m: 6:25.10	1:19.08	900m: 11:45.01	1:20.86	1300m: 17:01.26	1:18.71
	200m: 2:29.27	1:17.80	600m: 7:44.70	1:19.60	1000m: 13:04.19	1:19.18	1400m: 18:20.16	1:18.90
	300m: 3:47.33	1:18.06	700m: 9:04.35	1:19.65	1100m: 14:23.43	1:19.24	1500m: 19:37.40	1:17.24
	400m: 5:06.02	1:18.69	800m: 10:24.15	1:19.80	1200m: 15:42.55	1:19.12		

Event 10
18.1.2008

Women, 50m Freestyle

15 years and older
Results Swim Off Prelim

Meet Record	25.12	Therese Alshammar	SWE	Laugardalur	29.1.2006
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Points: FINA 2004

Rank			YB			Time	Pts
1.	Rakel Gunnlaugsdóttir		91	Sundfélag Akraness		28.43	649
2.	Maren Johannesen		72	Vestkants		29.21	598

Event 12
18.1.2008 - 18:32

Women, 800m Freestyle

Open
Results

Meet Record	8:47.59	Rebecca Cooke	GBR	Reykjavík	26.1.2007
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Points: FINA 2004

Rank			YB			Time	Pts	
14 years and younger								
1.	Karen Konráðsdóttir		94	Sundfélagið Óðinn		10:34.98	494	
	100m: 1:13.59	1:13.59	300m: 3:54.51	1:20.82	500m: 6:36.06	1:20.53	700m: 9:17.19	1:20.21
	200m: 2:33.69	1:20.10	400m: 5:15.53	1:21.02	600m: 7:56.98	1:20.92	800m: 10:34.98	1:17.79
2.	Ástrós Þóra Valsdóttir		95	Sundfélagið Vestri		11:00.03	440	
	100m: 1:14.14	1:14.14	300m: 4:00.40	1:23.96	500m: 6:50.83	1:25.56	700m: 9:39.16	1:23.79
	200m: 2:36.44	1:22.30	400m: 5:25.27	1:24.87	600m: 8:15.37	1:24.54	800m: 11:00.03	1:20.87
3.	Ingunn María Ólafsdóttir		94	Sunddeild Fjölnis		11:17.59	406	
	100m: 1:19.77	1:19.77	300m: 4:14.59	1:26.84	500m: 7:05.43	1:25.02	700m: 9:55.29	1:24.90
	200m: 2:47.75	1:27.98	400m: 5:40.41	1:25.82	600m: 8:30.39	1:24.96	800m: 11:17.59	1:22.30
4.	Steinunn Traustadóttir		94	Sundfélag Akraness		11:27.01	390	
	100m: 1:16.44	1:16.44	300m: 4:14.15	1:29.76	500m: 7:09.05	1:28.00	700m: 10:02.16	1:26.37
	200m: 2:44.39	1:27.95	400m: 5:41.05	1:26.90	600m: 8:35.79	1:26.74	800m: 11:27.01	1:24.85

Event 12, Girls, 800m Freestyle, 14 years and younger

Rank	YB								Time	Pts		
5.	Arna Björg Jónasardóttir								11:30.56	384		
	100m:	1:21.67	1:21.67	300m:	4:16.68	1:28.13	500m:	7:12.97	1:28.00	700m:	10:09.04	1:27.42
	200m:	2:48.55	1:26.88	400m:	5:44.97	1:28.29	600m:	8:41.62	1:28.65	800m:	11:30.56	1:21.52

15 years and older

1.	Sigrún Brá Sverrisdóttir								9:25.18	700		
	100m:	1:08.89	1:08.89	300m:	3:33.02	1:11.97	500m:	5:54.30	1:09.61	700m:	8:15.77	1:11.06
	200m:	2:21.05	1:12.16	400m:	4:44.69	1:11.67	600m:	7:04.71	1:10.41	800m:	9:25.18	1:09.41
2.	Mona Simonsen								9:37.87	655		
	100m:	1:08.51	1:08.51	300m:	3:32.60	1:12.01	500m:	5:56.15	1:11.69	700m:	8:24.37	1:14.35
	200m:	2:20.59	1:12.08	400m:	4:44.46	1:11.86	600m:	7:10.02	1:13.87	800m:	9:37.87	1:13.50
3.	Inga Elín Cryer								9:44.92	632		
	100m:	1:10.66	1:10.66	300m:	3:38.47	1:13.76	500m:	6:05.62	1:13.31	700m:	8:32.76	1:13.67
	200m:	2:24.71	1:14.05	400m:	4:52.31	1:13.84	600m:	7:19.09	1:13.47	800m:	9:44.92	1:12.16
4.	Andrea Haugstad								10:17.69	536		
	100m:	1:12.56	1:12.56	300m:	3:48.59	1:18.77	500m:	6:25.34	1:18.39	700m:	9:02.36	1:17.96
	200m:	2:29.82	1:17.26	400m:	5:06.95	1:18.36	600m:	7:44.40	1:19.06	800m:	10:17.69	1:15.33
5.	Erla Hrönn Unnsteinsdóttir								10:18.77	533		
	100m:	1:13.79	1:13.79	300m:	3:52.03	1:19.17	500m:	6:28.99	1:17.99	700m:	9:04.83	1:17.38
	200m:	2:32.86	1:19.07	400m:	5:11.00	1:18.97	600m:	7:47.45	1:18.46	800m:	10:18.77	1:13.94
6.	Karen Nanna Þorkeldsdóttir								10:25.36	517		
	100m:	1:14.17	1:14.17	300m:	3:52.86	1:19.52	500m:	6:30.32	1:18.41	700m:	9:07.95	1:18.96
	200m:	2:33.34	1:19.17	400m:	5:11.91	1:19.05	600m:	7:48.99	1:18.67	800m:	10:25.36	1:17.41
7.	Steinunn María Daðadóttir								10:38.03	487		
	100m:	1:13.42	1:13.42	300m:	3:54.12	1:21.18	500m:	6:36.66	1:21.87	700m:	9:18.50	1:20.33
	200m:	2:32.94	1:19.52	400m:	5:14.79	1:20.67	600m:	7:58.17	1:21.51	800m:	10:38.03	1:19.53
8.	Sigrún Eva Ármannsdóttir								10:50.07	460		
	100m:	1:15.82	1:15.82	300m:	4:02.32	1:23.93	500m:	6:48.54	1:21.77	700m:	9:32.32	1:20.90
	200m:	2:38.39	1:22.57	400m:	5:26.77	1:24.45	600m:	8:11.42	1:22.88	800m:	10:50.07	1:17.75
9.	Ingibjörg Kristjánsdóttir								10:54.91	450		
	100m:	1:15.13	1:15.13	300m:	4:03.19	1:24.36	500m:	6:49.42	1:22.80	700m:	9:35.18	1:22.63
	200m:	2:38.83	1:23.70	400m:	5:26.62	1:23.43	600m:	8:12.55	1:23.13	800m:	10:54.91	1:19.73
10.	Birta Stefánsdóttir								11:12.56	415		
	100m:	1:16.97	1:16.97	300m:	4:08.13	1:26.77	500m:	7:00.53	1:24.79	700m:	9:51.12	1:25.05
	200m:	2:41.36	1:24.39	400m:	5:35.74	1:27.61	600m:	8:26.07	1:25.54	800m:	11:12.56	1:21.44
11.	Ragnheiður Guðbrandsdóttir								12:31.74	298		
	100m:	1:27.04	1:27.04	300m:	4:37.30	1:35.62	500m:	7:47.47	1:34.52	700m:	10:59.86	1:35.64
	200m:	3:01.68	1:34.64	400m:	6:12.95	1:35.65	600m:	9:24.22	1:36.75	800m:	12:31.74	1:31.88